



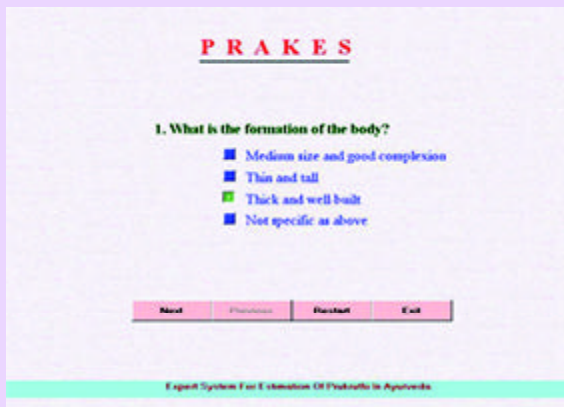
PRAKES

പ്രകൃതി

പ്രെക്ഷ

Bilingual Expert System for Estimation of Prakruti

PRAKES is a software package for estimating *Prakruti* (constitution) of a person as decided in Ayurvedic System of Medicine. The concept of *Prakruti* is very powerful in Ayurveda. The word *Prakruti* means nature (natural form) of the build and constitution of the human body. A balanced state of the *Tridoshas* (*Vatha*, *Pittha* and *Kapha*) makes a healthy and balanced person (Physically and Mentally). Since we all have different combinations of the *Tridoshas*, Ayurveda shows that the path to optimal health is different for each person depending on their *Prakruti*. The diagnosis of *Prakruti* offers unique insights into understanding and assessing one's health. It is not merely a diagnostic device but also a guide to action for good health. The expert system package developed by C-DAC is a comprehensive scientific tool for estimating *Prakruti*. It assesses the dominance of *Tridoshas* and give advice for preventive and promotive health care.



POTENTIAL BENEFICIARIES

Professionals and students of Ayurveda, Primary Health Centres and any individual interested in Ayurveda.

MODE OF TECHNOLOGY TRANSFER

Software package with setup instructions in CD media.

FEATURES

Available in English and Malayalam.
Interactive menu-driven interface.

Examines the presence of *lakshanas*.
Assesses dominance of the *tridoshas*.
Advice on preventive and promotive health care depending on dominance of the *doshas*.

The interactions and results are recorded along with the bio data of the person for future reference.
Hard copy print out of the results.

RESOURCE CENTRE FOR INDIAN LANGUAGE
TECHNOLOGY SOLUTIONS-MALAYALAM

CENTRE FOR DEVELOPMENT OF ADVANCED COMPUTING

A Scientific Society of the Ministry of Communications and Information Technology

Vellayambalam, Thiruvananthapuram 695 033

Government of India

TEL: +91-471-2720913/2723333 (X) 243, 303 FAX: +91-471-2723456

Website: <http://www.malayalamresourcecentre.org>

e-mail: contact@malayalabhasha.com

